



Conwy and Denbighshire Public Services Board: Well-being Delivery Plan 2018 - 2023



Community – Supporting Community Empowerment

Delivery Plan – 2018 / 19

Priority	Year 1 Priorities (2018/19)	Impact
Community – Supporting Community Empowerment	<ul style="list-style-type: none"> Understand what work is already taking place, and where the PSB could add the greatest value in terms of empowering our communities. Consult with professionals on areas of need and seek to develop the PSB's next steps towards meeting those needs Understand what would constitute success, and who should be involved in more detailed design and delivery. 	<ul style="list-style-type: none"> Thriving community groups and assets that meet local needs. Services that work together better. Services that are better value for money. People getting involved and having a say in improving services.

Specific actions in 2018/19 to support year 1 priorities:

1. Developing the Next Steps for Community Empowerment.

2. Social Prescribing will support the well-being needs of individuals and our communities, and will as a result mean fewer medical prescriptions and lower non-medical expenditure on services needed due to lifestyle related conditions. People will also be enabled to say in their own homes for longer.

3. Better support tenants and those at risk of homelessness. This will not only result in less homelessness and more stable tenancies, but mitigate health associated risks and support a better quality rented sector.

4. Dementia Support Action Plan to better support dementia sufferers and their carers. PSB partners will work towards becoming dementia friendly organisations that help people live independently for longer.



RAG action key

Action not progressing / areas of concern have been raised

Action progressing and no concerns raised

Action complete

Achievement Measures <i>Describe what will you deliver in 2018/19?</i>		Lead Officer	Baseline Data (If applicable)	Target date	Achievement Milestones <i>What will be achieved & what difference will be made?</i>	Organisations involved
1	Developing the next steps for Community Empowerment.	Judith Greenhalgh, DCC	n/a	Summer 2018	To establish specific areas of work.	All PSB partners

Achievement Measures <i>Describe what will you deliver in 2018/19?</i>	Lead Officer	Baseline Data (If applicable)	Target date	Achievement Milestones <i>What will be achieved & what difference will be made?</i>	Organisations involved	
Progress Update – March 2019						
<p>A workshop was held on June 27, 2018, attended by some 40 professionals with good representation across partner organisations. In-keeping with the PSB's principle of building on existing pledges from organisations' well-being plans, delegates were presented with information about existing pledges and asked to consider areas of need where collaboration would add value, focussing on the following themes:</p> <ul style="list-style-type: none"> i. Housing ii. Employment Opportunities iii. Capacity Building iv. Provision of Health & Well-being Support v. Infrastructure <p>The output of the workshop was considered by the PSB at its meeting in September, agreeing three areas of work for the priority where the PSB felt it could add value through early intervention, focusing on the local dimension, and involving a different set of partners. These are detailed below.</p>					Completed	
2	Social Prescribing will support the well-being needs of individuals and our communities, and will as a result mean fewer medical prescriptions and lower non-medical expenditure on services needed due to lifestyle related conditions. People will also be enabled to say in their own homes for longer.	Judith Greenhalgh, DCC (supported by CVSC & DVSC)	n/a	TBC	Fewer medical prescriptions and lower non-medical expenditure on services needed due to lifestyle related conditions.	DCC, CCBC, BCU, PHW & NRW
Progress Update – December 2019						
<p>The second project group meeting was held in November to progress the social prescribing/weight management work with partners from BCUHB, Public Health, Natural Resource Wales and both Conwy and Denbighshire Local Authorities.</p> <p>BCUHB's Weight Management Business Case has now been approved and work has begun on developing a Specification for the Commercial Eating Programme within the overall project and envisaged to be out for tender early 2020. Following the successful appointment of a provider it is hoped that staff will be in post by March 2020. BCUHB have agreed that once this programme of work is fully established, links will be made with partners to support the delivery of weight management services across Conwy & Denbighshire.</p>					In progress	

Achievement Measures <i>Describe what will you deliver in 2018/19?</i>	Lead Officer	Baseline Data (If applicable)	Target date	Achievement Milestones <i>What will be achieved & what difference will be made?</i>	Organisations involved
<p>Representatives from Conwy & Denbighshire Local Authorities have been in attendance at both meetings to share information and good practice currently established within their local areas. It was highlighted that there could be opportunities for Conwy and Denbighshire to collaborate on initiatives in order to strengthen the social prescribing offer.</p> <p>Further work is also needed on asset mapping across both Counties and collaboration would be beneficial here in order to gain a better understanding of what is available for people in the local areas. A further meeting between Conwy and Denbighshire officers will be arranged to explore the opportunities.</p> <p>The next full project team meeting will now be held in March 2020 once key actions have been completed. It was originally scheduled for mid-February, however due to staff changes within Health, this was delayed to ensure the necessary work is completed before progressing with the next steps.</p> <p>The following actions were agreed and are currently in progress:</p>					
1) Natural Resource Wales will liaise with Local Authorities to link the signposting/community navigator services with the local area statements that are currently in development.	NRW staff met with David Soley DCC on 20 th January to learn more about the Talking Points & Navigator Services and have an initial discussion about how NRW could make links to these services. NRW plan to develop some guided walks in Clocaenog Forest this spring and promote through Talking Points & Navigator services, as well as to Let's Get Moving North Wales, to gauge the level of interest from the community. NRW are also talking to other organisations they work with who may be able to provide services and increase the social prescribing offer. NRW will consider if there are opportunities to work closer to areas where there are populations who will benefit most, as recognise some of NRW owned and managed sites are rural in location. Same discussions need to be held with NRW staff and Conwy, date tbc.				In Progress
2) All Partners will make arrangements to share information on signposting/social prescribing services with the aim of collaboration where possible.	Ongoing discussions being held between leads across Conwy and Denbighshire's Wellbeing/Community Navigator Teams.				In Progress
3) Partners to share information on where there may be barriers or issues encountered in relation to signposting/social prescribing	Project Team tasked with cataloguing a list of barriers or gaps they can identify through their working areas and feedback to the project team. There was a consensus that transport from rural areas was a key barrier for many and needs further consideration. However, the piece of work currently being carried out as part of the PSB				In Progress

Achievement Measures <i>Describe what will you deliver in 2018/19?</i>		Lead Officer	Baseline Data (If applicable)	Target date	Achievement Milestones <i>What will be achieved & what difference will be made?</i>	Organisations involved
		Support Grant to identify transport needs across North Wales could support this. The outcome of this research will be shared with the project team over the coming months. Discussions were also held around funding arrangements and the length of time grants and funding are given. It was agreed that funding agreements should be no less than 3 years to allow for projects/initiatives to be established and evaluated effectively. The project team requested that this be fed back at PSB level.				
4) Explore Data Performance & Evaluation methods		Meeting held to discuss performance data relating to Community Wellbeing, Talking Points & Navigator Services. Draft Performance Management Framework has been developed for discussion and approval at next project team meeting in March 2020.				In Progress
3	Better support tenants and those at risk of homelessness. This will not only result in less homelessness and more stable tenancies, but mitigate health associated risks and support a better quality rented sector.	Judith Greenhalgh, DCC (supported by CVSC & DVSC)	TBC	TBC	TBC	TBC
Progress Update – March 2019						
Due to capacity, this work has not started.						Not started
4	Dementia Support Action Plan to better support dementia sufferers and their carers. PSB partners will work towards becoming dementia friendly organisations that help people live independently for longer.	Helen Wilkinson, DVSC	n/a	March 2020	Empower communities to generate and transform awareness about dementia into community led action.	Public & Third Sector, Voluntary & Community groups
Progress Update – December 2019						
DVSC's Denbighshire Dementia Aware Community Led Programme is going well. (Quarter 3: October – December 2019) Outcomes for Q3 are below: Headlines [The Target is for the 2 year programme of activity (Nov 2018 – March 2020); Actual is from Nov 2018 – December 2019] <i>Number of groups engaged in local communities to build capacity and to raise awareness about dementia T: 30 A: 88</i>						In progress

Achievement Measures <i>Describe what will you deliver in 2018/19?</i>	Lead Officer	Baseline Data (If applicable)	Target date	Achievement Milestones <i>What will be achieved & what difference will be made?</i>	Organisations involved
<p>We have held 5 Dementia Aware Business Breakfasts to raise awareness to local businesses and encourage them to engage and participate in the programme, to date 48 individuals have attended.</p> <p><i>Briefing about project and activity through other DVSC engagement networks and forums (e.g. Wellbeing Network, #DenbighshireVolunteers Network, Membership Forum) T: 6 A: 13</i></p> <p><i>Denbighshire Aware Communities Grant Fund T: £30,000 A: £ 29,958.19</i></p> <p><i>Development of groups working towards becoming Dementia Aware Communities T: 8 A: 5</i></p> <p>Through the Dementia Aware Community Led Programme we have created 298 Dementia Friends in Denbighshire.</p> <p><i>Number of towns / communities engaged with on a journey towards involvement in or actively working towards the Alzheimer Society's accredited Dementia Friendly Communities programme by the end of 2020 T: 8 A: 5</i></p> <p>A third round of the Denbighshire Dementia Aware Community Led Grant Programme, has been awarded (February 2020). 5 organisations were successful (receiving £10,000 in total). They will be delivering a range of projects including: Creating a piece of theatre to raise awareness around dementia; The recruitment and training of 'Reminiscence Friends'; purchase leaflets, flyers, and presentation aids for businesses and members of the public, training for volunteers, provide instruments and equipment for groups providing activities for carers and those living with dementia; to facilitate an art project between pupils and residents of a care home and to go towards a Memory Garden at the Care Home in Llangollen.</p> <p>Currently DVSC has the following opportunity available to the communities in Denbighshire:</p> <p>A suite of Dementia Training in conjunction with Alzheimer's Society, were booked including:</p> <ul style="list-style-type: none"> 10th March – Step inside Dementia 16th March – Running Great Activities for people with Dementia 24th March – Understanding Dementia and Learning Disabilities 31st March – Supporting Vulnerable People with Dementia and other Cognitive Disabilities <p>As these were courses that were charged to cover the cost of the trainer, we had less uptake than we hoped. The only one that is currently running is the first one on the 10th March – Step inside Dementia.</p> <p>The concentration for the final quarter of this year is to signpost/sign up organisations/small businesses to becoming Dementia Aware/Friendly Organisations and the delivery of the training above and Dementia E-Learning opportunities.</p> <p>In addition, as part of Dementia Action Week 2020 (11th – 15th May 2020) DVSC will be planning to undertake the following activities:</p>					

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1. Dementia Friends Champion training (delivered by Alzheimer’s Society) which would be held at the Naylor Leyland Centre (this is awaiting confirmation) 2. Dementia Aware Denbighshire Network Meeting 14 th May 2020 at 1pm at the Naylor Leyland Centre which will be on the theme of ‘a little does a lot’ 3. Other Dementia Action Week promotional activities will include: <ul style="list-style-type: none"> o Dementia Action Week Press release: on the theme of ‘A little does a lot’, linking to DAD programme and the case studies o Blogging the case studies from the successful Dementia Aware Community Led Grant recipients o Promoting the courses on dementia on DVSC’s E-learning platform o Promoting the Dementia Aware Action Groups we have facilitated during the programme to date o Promoting inclusive events and initiatives that our members/partners/grant recipients are holding throughout Dementia Action Week. 					

Risks to Manage:

This is a complex area of work where we have found that a great deal is already taking place. The challenge remains for the PSB to understand where it can most add value to this busy, but important agenda, not only locally, but regionally.

It is also acknowledged that now the plan is in Delivery Phase, it is important to ensure that projects are adequately resourced in order to achieve what is set out in the Plan.

PROJECT DELIVERY CONFIDENCE SUMMARY

Project Delivery Confidence Assessment:	
Green	Successful delivery of the project / programme to time, cost and quality appears highly likely and there are no major outstanding issues that at this stage appear to threaten delivery significantly.
Yellow	Successful delivery appears probable but significant issues already exist requiring management attention. These appear resolvable at this stage and if addressed promptly, should not present a cost / schedule overrun.
Orange	Successful delivery of the project / programme is in doubt with major risks or issues apparent in a number of key areas. Urgent action is needed to ensure these are addressed, and whether resolution is feasible.

Red

Successful delivery of the project / programme appears to be unachievable. There are major issues, which at this stage does not appear to be manageable or resolvable. The project / programme may need re-base lining and/or overall viability re-assessed.

Reasons for current delivery confidence

We are making good progress in relation to the Social Prescribing offer with a focus on supporting BCUHB to deliver their Weight Management Programme. Project Team now established and meetings taking place with key partners across Health, Natural Resource Wales and both Conwy & Denbighshire Local Authorities.

Previous Delivery Confidence Status

Green

PROJECT HIGHLIGHTS

Please outline any key events or milestones for the reporting period

- Second project group meeting held in November to progress the social prescribing/weight management work with partners.
- BCUHBs Weight Management Business Case now approved and work started on the development of a Commercial Eating Programme.
- Information sharing and good practice identified across counties.

NEXT REPORTING PERIOD

Please outline any key events or milestones expected for the next reporting period

- The next full project team meeting will be held in March 2020 once key actions from the November meeting have been completed.
- Asset mapping across both counties (including Health) to gain better understanding of what is available for people in local areas.
- Specification for Commercial Eating Programme out for tender early 2020